

La Table d'Harmonie Menu €76 Four Courses

The first notes.....amuse bouche at the key

Rock octopus from the Atlantic coast, gently cooked/polenta with seasonal vegetables/lacto-fermented tomato and lemon sorbet

Pan-fried foie gras escalope / homemade gingerbread French toast style / pickled sweet potato / local cider reduction, emulsified with salted butter

Farm-raised quail in Anjou, Macaire apple, reduced juice

Mature cheese platter

Or

Local strawberries poached in red wine/Adelaide fromage blanc and garden verbena ice cream/caramelized pistachios

Or

Chocolate mousse and grand cru tonka bean sorbet chocolate/slow-cooked apricots/coconut sugar/buckwheat shortbread

Allergens

Nuts, cashew nuts, gluten, eggs, lactose, soy

To accompany your dishes, you have the possibility of making a food and wine pairing.

Whites

Vin de Pays Charentais Domaine Cazulet 2018 2 Glasses €20

AOC Saumur winemaker of the moment 3 Glasses €28

Reds

AOC Saumur -Champigny winemaker of the moment

AOC Saint-Chinian Thierry Navarre 2020 AB